






WITH THE BIKE ALONG THE PEDEMONTANA BIKEPATH FROM THE DOLOMITES TO TRIEST

 Self-guided tour

 Bike tour

 340-345 km

 Easy

Duration: 9 days / 8 nights



DESCRIPTION

This cycling tour takes you from the northeastern Dolomites to Trieste, the Central European port city on the Adriatic Sea. The route runs mostly along the well-known Pedemontana cycle path. Along the way, you will ride through the characteristic villages of Maniago, renowned worldwide for its cutlery production, and Toppo, considered one of the most beautiful villages in Italy, before continuing through Gemona del Friuli and Cividale del Friuli, both listed as UNESCO World Heritage Sites. The tour finally ends in Trieste, where Central European culture meets Mediterranean charm. The tour follows known cycle paths and sometimes secondary roads. Changes in the offer as well as errors, printing errors and arithmetic errors reserved!

THE PEDEMONTANA BIKEPATH: DOLOMITES - TRIEST

DETAILED ROUTES

Day 1: Arrival in Hochpustertal (Niederdorf/Villabassa or Toblach/Dobbiaco)

Individual arrival in Hochpustertal.

Day 2: Niederdorf/Villabassa or Toblach/Dobbiaco - Pieve di Cadore (approx. 60-65 km)

Today you follow the cycle path along the former Dolomites railway through the Höhlenstein Valley, passing Lake Dobbiaco and the military cemetery, which commemorates the First World War. Shortly afterwards, a unique panoramic view opens up of the Three Peaks rock formation before you reach Lake Landro. With a gentle ascent, the cycle path leads to the border between the provinces of Bolzano and Belluno. You then coast comfortably downhill along the former railway line as the valley opens up to the south, eventually reaching the Dolomite town of Cortina d'Ampezzo with its magnificent mountain backdrop. Continuing gradually downhill, mostly still on the old railway track, you can look left toward the Sorapis mountain massif and right toward the Cinque Torri. You then cycle through the Boite Valley to Pieve di Cadore.

Day 3: Pieve di Cadore - Vittorio Veneto (approx. 66 km)

You continue on the newly developed cycle path to Longarone. This town was rebuilt in a very short time after it was flooded by a wave in 1963, caused by a landslide at the former Vajont dam. You then cycle onward to today's stage destination, Vittorio Veneto.

Day 4: Vittorio Veneto - Maniago (approx. 63 km)

This stage crosses a varied landscape between the Alpine foothills and gentle hills. From Vittorio Veneto's historic center, you cycle through vineyards and small villages along the Pedemontana before reaching Polcenigo, known for its basket-weaving tradition and its historic buildings near the Livenza River and Gorgazzo springs. The route continues to Aviano with its 10th-century castle, then towards Malnisio, home to the first Venetian hydroelectric plant, now a technology museum. The stage ends in Maniago, the renowned "city of knives."

Day 5: Maniago - San Daniele del Friuli (approx. 40 km)

Today you cycle from Maniago through a peaceful hilly landscape, first reaching Spilimbergo, whose historic center and renowned mosaic school welcome you. You then continue along quiet country roads that lead through fields, small villages, and gentle climbs, with frequent views of the mountains and the Friulian countryside. Finally, you arrive in San Daniele del Friuli, where the charming old town and its world-famous prosciutto await you.

Day 6: San Daniele del Friuli - Tarcento (approx. 43 km)

After breakfast, you leave the town of San Daniele del Friuli and head toward Gemona, which impresses with its historic old town and imposing cathedral. Along the way, you follow quiet roads and cycle paths that lead through fields, vineyards, and small villages. After visiting Gemona, you continue your ride through idyllic

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landscapes until you reach Tarcento, a charming town known for its historic center, the Patriarchs' Castle, and traditional Friulian hospitality.

Day 7: Tarcento - Gorizia (approx. 67 km)

Today's stage takes you to Cividale del Friuli, a UNESCO World Heritage city with medieval lanes, the famous Devil's Bridge, and numerous historical sights. After visiting Cividale, you continue your ride through idyllic landscapes with views of the Julian Alps, eventually reaching Gorizia, a charming border town with a historic old center and an impressive castle.

Day 8: Gorizia - Trieste (approx. 56 km)

The final stage takes you from Gorizia to Trieste, passing through the diverse landscapes of the Collio and Karst regions, with their vineyards, rolling hills, and small villages. Along the way, you enjoy sweeping views of the Adriatic Sea. The tour concludes in Trieste, the elegant seaside port city renowned for its historic old town, Miramare Castle, and distinctive Central European charm – a perfect finale to the journey.

Day 9: Departure

Individual departure from Trieste or possibility to extend your stay.

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GENERAL INFORMATION

- **Classification:** Self-guided tour
- **Duration:** 9 days / 8 nights
- **Distance:** ca. 340-345 km
- **Starting point:** Toblach
- **Arrival:**

By car: on the Brenner/Brennero motorway (A22) to Brixen/Bressanone – take the exit “Brixen-Pustertal”, then through the valley Pustertal/Valle Pusteria (SS49) to Niederdorf/Villabassa or Toblach/Dobbiaco, depending on the location of your hotel or drive along the Felbertauernstraße to Lienz in Eastern Tyrol (Austria) and then further into Italy through the valley Pustertal/Valle Pusteria to Toblach/Dobbiaco or Niederdorf/Villabassa, depending on the location of your hotel.

By train: take the train from Innsbruck over the Brenner/Brennero to Franzensfeste/Fortezza. Change the train to the valley Pustertal/Valle Pusteria - Lienz and get off either at Niederdorf/Villabassa or Toblach/Dobbiaco depending on the location of your hotel. Timetable available on: www.deutschebahn.de, www.oebb.at, www.trenitalia.com.

By plane: Low cost flights are available to Treviso and Venice. We can organise transfers from the airport to the starting point of the cycle tour on request.

- **Accommodation:**

Hotels 3*** / 4****

Attention: Tourist tax – if requested – has to be paid on the spot.

- **Parking:**

Depending on the start hotel, parking facilities are available. Some hotels may require an obligatory fee payable on the day of arrival (reservation not possible).

- **Rental bikes:**

- 21-gears bike (woman and man model)
- TOP bike (unisex model - man model on request)
- E-bike (unisex model, 500 W battery, range up to 100 km)

It is possible to add a rental bike disclaimer to your booking. Price is € 24.00 per trekking bike and € 49.00 per TOP bike/ e-bike /mountain bike. For more information we recommend to review our Terms and Conditions.

- **Transfer:**

INCLUDED SERVICES

- Accommodation in hotels 3*** / 4****
- Breakfast buffet or full breakfast

NON INCLUDED SERVICES

- Arrival to the starting point of the tour
- Departure at the end of the tour

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- Luggage transfer from hotel to hotel
- Well planned routes
- Navigation APP
- Telephone service hotline for the entire tour

- Meals and beverages
- Tourist tax and all extras
- Not mentioned entries
- Rental bikes
- Travel insurance
- All not expressly mentioned under the item „Included services“

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STARTING DATES

Available - arrival possible
Not Available
Available for groups from 6 persons and on request



PRICES

Standard

Package price in a double room	from 03/05/2026 to 07/10/2026	1.259 €
Package price high season	from 24/06/2026 to 26/08/2026	1.309 €
Single room surcharge		389 €

Additional services

own bike		0 €
Rental bike 21-gear (women) 9,8		129 €
Rental bike 21-gear (men) 9,8		129 €
Rental electric bike 9,8		289 €
Rental bike TOP (men) 9,8		195 €
TOP bike (unisex) 9,8		195 €

Additional nights

See ebsite