






CYCLING TOUR THROUGH FRIULI'S MOST CHARACTERISTIC PLACES

 Self-guided tour

 Bike tour

 265-300 km

●○○ Easy

Duration: 8 days / 7 nights



DESCRIPTION

This cycling tour takes you on a journey of discovery through the region of Friuli Venezia Giulia. Starting and ending in Udine, the elegant city known for its charming medieval architecture and lively piazzas, you'll explore some of the area's most iconic spots. Along the route, you'll cycle through Spilimbergo, famous worldwide for its mosaic school. Then, ride to Grado, a picturesque seaside town, where you can enjoy stunning beaches and a rich history dating back to Roman times. Finally, the tour leads you to Trieste, the regional capital, boasting a unique blend of Italian, Austro-Hungarian, and Slovenian influences, with its grand coffeehouses, beautiful seafront, and vibrant cultural scene. This tour offers not just a ride but an immersive experience into the heart and soul of Friuli Venezia Giulia. The route runs mainly on well-developed bike paths and low-traffic side roads.

DETAILED ROUTES



Day 1: Arrival in Udine

Individual arrival in Udine. Once you've settled in, you can explore the city and enjoy a *taj* – a good glass of wine.



Day 2: Udine – Spilimbergo

(approx. 30 km)

After breakfast, you set off for Spilimbergo, the „City of Mosaics,” home to the famous school where students from all over the world learn this ancient art. Along the way, you will encounter the Tagliamento River for the first time today – the most important river in Friuli. After crossing it, you continue cycling towards Lake Cornino. The lake is located in a nature reserve of the same name, where you can admire the impressive griffon vultures. From Lake Cornino, you reach the destination of today's stage.



Day 3: Spilimbergo – Pordenone

(approx. 30 km)

Today, you leave the city of mosaics behind and cycle towards Pordenone. Nestled along the banks of the River Novello, Pordenone is renowned as the birthplace of Giovanni Antonio de Sacchis—better known as Il Pordenone –the celebrated Renaissance painter. With its charming historic center, lively cultural scene, and elegant architecture, the city offers a perfect blend of history and modernity. It has also been named the Italian Capital of Culture for the year 2027, promising a vibrant calendar of events and exhibitions that celebrate its artistic and cultural heritage.



Day 4: Pordenone – Marano Lagunare – Aquileia

(approx. 75 km + boat ride from Marano Lagunare)

You begin today's stage heading towards Marano Lagunare. You cycle south until you reach the Tagliamento, the most important river in the Friuli Venezia Giulia region. Once in Marano, you take a boat, and you cycle the final kilometers to Aquileia. A must-see is the Roman-origin basilica, which is a UNESCO World Heritage Site.



Day 5: Aquileia – Sostiana

(approx. 30 km)

Today, you leave Aquileia and cycle along the lagoon toward the Julian coast. Passing through small villages, you reach the area of Monfalcone, continuing until you arrive in the small town of Sostiana. Along the way, we recommend a stop at the Isonzo River Nature Reserve.



Day 6: Sostiana: rest day or round tour to Trieste

(approx. 45 or 75 km for the longer option)

Sostiana is famous for its bay with beautiful pebble beaches. Today, you have two great options: spend a relaxing day in the sun or take a scenic bike ride to Trieste. You'll reach the regional capital by following the picturesque coastal road. Once in the city, you can explore the historic center or continue along the Cottur cycling path, which offers stunning views of the Gulf of Trieste.



Day 7: Sostiana – Udine

(approx. 60 km)

After leaving Sostiana, you begin your return journey to Udine. Today, you'll cycle through the Collio Goriziano, known for its beautiful vineyards. Along the way, you'll pass through the towns of Gradisca d'Isonzo and

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Cormons, where we recommend taking a break to taste the famous Collio wines.



Day 8: Departure

Individual departure or possibility to extend your stay.

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GENERAL INFORMATION

- **Classification:** Self-guided tour
- **Duration:** 8 days / 7 nights
- **Distance:** ca. 265-300 km
- **Starting point:** Udine
- **Arrival:**

By car: You can plan your route at www.viamichelin.it or Google Maps.

By train: Timetables available at: www.deutschebahn.de, www.oebb.at, and www.trenitalia.com.

By plane: The nearest airport is Trieste Airport. There are good connections from the airport (www.trenitalia.com) to Sacile.

- **Accommodation:**

hotels 3***, partly 4**** category

Attention: Tourist tax – if requested – has to be paid on the spot.

- **Parking:**

Free unattended parking in a nearby public parking lot for the duration of the cycling tour.

- **Rental bikes:**

- 21-gears bike (woman and man model)
- TOP bike (unisex model – male model on request)
- E-bike (unisex model, 500 W battery, range up to 100km)

It is possible to add a rental bike disclaimer to your booking. Price is € 24,00 per trekking bike and € 49,00 per TOP bike/ e-bike /mountain bike. For more information we recommend to review our Terms and Conditions.

INCLUDED SERVICES

- Accommodation in hotels 3***, partly 4**** category
- Breakfast buffet or full breakfast
- Luggage transfer from hotel to hotel
- Videobriefing
- Well planned routes
- Boat trip Marano Lagunare
- Detailed documents (maps, route description, places to visit, important telephone numbers)

NON INCLUDED SERVICES

- Arrival to the starting point of the tour
- Departure at the end of the tour
- Drinks, tourist tax and all extras
- Lunch
- Not mentioned entries
- Rental bikes and travel insurance
- All not expressly mentioned under the item „Included services“

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- Telephone service hotline for the whole tour
- Navigation app

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STARTING DATES

Available - arrival possible
Not Available
Available for groups from 6 persons and on request



PRICES

Standard

Package price in a double room	Arrive on 11/04/2026 and 10/10/2026	795 €
Package price in a double room	from 15/04/2026 to 07/10/2026	829 €
Package price high season	from 13/06/2026 to 12/09/2026	879 €
Single room surcharge		295 €

Additional services

Rental bike 21-gear (men) 8,7	99 €
Rental bike 21-gear (women) 8,7	99 €
Rental bike TOP (men) 8,7	169 €
Rental electric bike 8,7	269 €
no bike	0 €

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TOP bike (unisex) 8,7

169 €

Additional nights

See ebsite