

 Self-guided tour

 Hike

 00-00 km

 Medium

Duration: 5 days / 4 nights

DESCRIPTION

The European long-distance hiking trail E5 crosses the Alps from north to south. The hiking trail runs from Constance on Lake Constance to Verona. It has an approximate length of 600 kilometers and crosses several countries - including Germany, Austria, Switzerland and Italy.

DETAILED ROUTES

📍 Day 1: Arrival

Individual arrival in Bolzano

📍 Day 2: Bolzano – Meltina

(ascent approx. 480 m, descent approx. 420 m / approx. 4.5 hours)

In the morning, take a bus ride to San Genesio and experience South Tyrol at its most beautiful. A unique panoramic view from Lake Kaltern over the castles and palaces of the Wine Route to the rugged rocks of the Dolomites awaits you. Your hike takes you across wide meadows with horses and cows and through sparse forests with ancient larch trees to the village of Meltina on the high plateau of the Tschöggelberg.

📍 Day 3: Circular hike around Meltina

(ascent approx. 610 m, descent approx. 910 m / approx. 4 hours)

The picturesque village of Meltina, at over 1,100 m, is surrounded by breathtaking natural scenery. Flower-covered meadows, fragrant larch forests, and alpine pastures lead up to the “Steinernen Mandln,” where you can enjoy a magnificent mountain view of the Rosengarten and many other impressive mountain peaks. This wonderful circular tour also includes a leisurely stop at the rustic hut at Möltner Kaser with a tasting of traditional dumpling specialties.

📍 Day 4: Meltina – Merano

(ascent approx. 600 m, descent approx. 450 m / approx. 5 hours)

Your final stage takes you through magnificent meadows and forests to the “Knottnkino,” three spectacular open-air stages with breathtaking views of the surrounding mountains and the Adige Valley. From the rocky peaks of the Knottn, the route continues to Hafling, home to the famous horse breed. A short bus ride takes you down to Merano, where it is worth visiting the magnificent gardens of Trauttmansdorff Castle before walking into the center in the footsteps of Empress Sissi.

📍 Day 5: Departure

Individual departure or possibility to extend your stay

HIKING: BOLZANO – MERANO

GENERAL INFORMATION

- **Classification:** Self-guided tour
- **Duration:** 5 days / 4 nights
- **Distance:** ca. 00-00 km
- **Starting point:** Bozen
- **Arrival:**

By car: via the Brenner highway (A22) to Merano or via the Felbertauern road to Lienz in East Tyrol, over the Austrian-Italian border and then on the SS49 through the Pustertal valley to Merano

By train: via Innsbruck and the Brenner or via East Tyrol/Pustertal valley to Merano. Timetables at: www.deutschebahn.de, www.oebb.at, www.trenitalia.com.

By plane: The nearest airports are Innsbruck (approx. 83 km), Verona Villafranca (approx. 191 km), Treviso (approx. 228 km), Venice Marco Polo (approx. 313 km).

- **Accommodation:**

Hotels 3*** category and guesthouse

Attention: Tourist tax, if requested, has to be paid on site.

- **Parking:**

Depending on the first hotel, unattended parking facilities are available, either directly at your hotel or nearby. Reservation not possible; payable on the spot.

INCLUDED SERVICES

- Accommodation in hotels 3*** and guesthouses
- Breakfast buffet or full breakfast
- Videobriefing
- Luggage transfer from hotel to hotel
- Well planned routes
- Detailed documents (maps, route description, places to visit, important telephone numbers)
- Navigation APP
- Telephone service hotline for the entire tour

NON INCLUDED SERVICES

- Viaggio d'arrivo al punto di partenza
- Viaggio di ritorno dalla località di fine tour
- Tutti i pasti (pranzi e cene)
- Bevande
- Tasse di soggiorno e tutti gli extra in genere
- Ingressi non indicati
- Assicurazione facoltativa contro annullamento
- Tutto quanto non espressamente indicato alla voce "Servizi inclusi"

HIKING: BOLZANO – MERANO

STARTING DATES



PRICES

Standard	
Package price in a double room	619 €
Package price high season	619 €