

 Self-guided tour

 Hike

 147-147 km

 Easy

Duration: 11 days / 10 nights

DESCRIPTION

The European long-distance hiking trail E5 crosses the Alps from north to south. The hiking trail runs from Constance on Lake Constance to Verona. It has an approximate length of 600 kilometers and crosses several countries - including Germany, Austria, Switzerland and Italy.

HIKING E5: BOLZANO – ROVERETO

DETAILED ROUTES



Day 1: Arrival

Individuale arrival in Bolzano



Day 2: Bolzano – Bauernkohlern – Deutschnofen/Maria Weißenstein

(approx. 5–6 hours)

The hike begins with a cable car ride to Bauernkohlern, the starting point of the stage. On this stage, you can discover the beauty of Bolzano from a privileged position. You leave the northern section of the E5 and hike through forests and meadows towards the southern part.



Day 3: Deutschhofen/Maria Weißenstein – Truden

(approx. 5–6 hours)

Starting from the pilgrimage site of Maria Weißenstein, you will continue hiking into the Kössertal valley and the Bletterbach Gorge, a 400-metre-deep gorge that is a UNESCO World Heritage Site.



Day 7: Truden – Potzmauer Hut

(approx. 6–7 hours)

Today you hike along the provincial border of South Tyrol, where you have an excellent view of the Etschtal valley. First, you follow the trail to the Trudner Horn and then pass two picturesque mountain lakes on today's stage.



Day 5: Potzmauer Hut – Segonzano

(approx. 6 hours)

On today's stage you will hike through quiet and secluded oak forests on well-marked trails from South Tyrol directly across the border into Trentino. You will often cross this national border without even noticing. The hike takes you past the Bait dei Tinoti on the ridge to Lago Santo, a shimmering blue lake in the middle of the dark green forest.



Day 6: Segonzano – Palù del Fersina – Trento

(approx. 5 hours)

Right at the start, you will hike to the earth pyramids of Segonzano and then leave the Cembra Valley. The stage takes you over two passes to the idyllic Val di Piné and then on to Palù del Fersina, from where you will take the bus to Trento.



Day 7: Trento – Levico Terme – Lavarone

(approx. 6 hours)

In the morning, you will take the bus from Trento to Levico Terme, the starting point of this stage. You will climb the rugged valley behind Monte Calmo, which is clearly visible from Levico, and then hike leisurely through vast forests and pastures to Lavarone.



Day 8: Lavarone – Passo Coe

(approx. 6 hours)

Today you will hike through meadows and forests to the Passo Coe ski resort, which is located on the border with Veneto. Along the way, you pass Forte Monte Cherle and a dilapidated military hospital from World War I.

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📍 Day 9: Passo Coe – Rifugio Lancia

(approx. 7 hours)

This stage takes you along mountain paths and trails to Monte Maggio, where you will enjoy a spectacular ridge hike. After descending to Passo della Borcola, you will climb back up on the opposite side and continue your hike. The area between Trento and Vicenza is one of the wildest in Italy and offers breathtaking views.

📍 Day 10: Rifugio Lancia – Passo Pian delle Fugazze – Rovereto

(approx. 5–6 hours)

On your final stage, you will cross the historic Passubio massif. The hike takes you along paths over the Dente Austriaco (Austrian Plateau) to the Dente Italiano, where the Austrians and Italians fought between 1916 and 1918. From the stage destination at Passo Pian delle Fugazze, you will take the bus to Rovereto.

📍 Day 11: Departure

Individual departure or possibility to extend your stay.

HIKING E5: BOLZANO – ROVERETO

GENERAL INFORMATION

- **Classification:** Self-guided tour
- **Duration:** 11 days / 10 nights
- **Distance:** ca. 147-147 km
- **Starting point:** Bozen
- **Arrival:**

By car: via the Brenner highway (A22) to Bolzano or via the Felbertauern road to Lienz in East Tyrol, over the Austrian-Italian border and then on the SS49 through the Pustertal valley to Bolzano.

By train: via Innsbruck and the Brenner or via East Tyrol/Pustertal valley to Bolzano. Timetables at: www.deutschebahn.de, www.oebb.at, www.trenitalia.com.

By plane: The nearest airports are Innsbruck (approx. 83 km), Verona Villafranca (approx. 191 km), Treviso (approx. 228 km), Venice Marco Polo (approx. 313 km).

- **Accommodation:**

Hotels 3*** category and guesthouse

Attention: Tourist tax, if requested, has to be paid on site.

- **Parking:**

Depending on the first hotel, unattended parking facilities are available, either directly at your hotel or nearby. Reservation not possible; payable on the spot.

INCLUDED SERVICES

- Accommodation in hotels 3*** and guesthouses
- Breakfast buffet or full breakfast
- Videobriefing
- Luggage transfer from hotel to hotel
- Transfers according to the program
- Well planned routes
- Detailed documents (maps, route description, places to visit, important telephone numbers)
- Navigation APP
- Telephone service hotline for the entire tour

NON INCLUDED SERVICES

- Arrival to the starting point of the tour
- Departure at the end of the tour
- Drinks, tourist tax and all extras
- Lunch, Dinner
- Not mentioned entries
- Travel insurance
- All not expressly mentioned under the item „Included services“

HIKING E5: BOLZANO - ROVERETO

STARTING DATES

Available - arrival possible

Not Available

Available for groups from 6 persons and on request

June							July							August							September							
Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	
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2	3	4	5	6	7	8	7	8	9	10	11	12	13	4	5	6	7	8	9	10	8	9	10	11	12	13	14	
9	10	11	12	13	14	15	14	15	16	17	18	19	20	11	12	13	14	15	16	17	15	16	17	18	19	20	21	
16	17	18	19	20	21	22	21	22	23	24	25	26	27	18	19	20	21	22	23	24	22	23	24	25	26	27	28	
23	24	25	26	27	28	29	28	29	30	31				25	26	27	28	29	30	31	29	30						
30																												

PRICES

Standard	
Package price in a double room	989 €
Package price high season	989 €
Additional services	
no bike	0 €