



# ROAD BIKE TOUR AT THE FOOD OF UNESCO WORLD HERITAGE



Racing bike

≤ 500-530 km

••o Medium

Duration: 8 days / 7 nights



#### **DESCRIPTION**

The Dolomites are your constant companion during this round trip with the e-bike or trekking bike (for sporty cyclists) at the foot of the legendary Three Peaks, on the list of UNESCO world heritage due to their "unique monumental beauty". You start from the Pustertal heading towards Cortina d'Ampezzo, the pearl of the Dolomites and a historic Olympic city. Along the way, you can admire the iconic Three Peaks. Following the route of the former Dolomites railway, you will pedal towards Feltre, crossing breathtaking landscapes and charming villages. The journey continues north along the Valsugana valley to Trento, then climbs up to Bolzano, the heart of South Tyrol. From here, you follow the valleys of the Adige and Isarco rivers, immersed in lush nature and ever-changing panoramas. The itinerary ends with the return to the Hochpustertal. Sporty cycling tour for road bikers with a basic training on little trafficked roads (except during high season July/August).

#### **DETAILED ROUTES**

## **♥** Day 1: Arrival in Alta Pusteria (Niederdorf/Villabassa or Toblach/Dobbiaco)

Individual arrival at the hotel in Alta Pusteria. Free, unguarded public car park near the hotel.

### Pay 2: Alta Pusteria - Cortina d'Ampezzo - Pieve di Cadore

(approx. 95 km, ascent 1163 m difference in altitude)

You start from the Pustertal, cycling immersed in the natural spectacle of the Dolomites. With the Three Peaks Nature Park on your left and the Fanes-Sennes-Braies Nature Park on your right, the route follows the former Dolomites railway, offering extraordinary views of the famous Three Peaks. Crossing the border between South Tyrol and Veneto, you arrive at Cortina d'Ampezzo, historic Olympic town surrounded by legendary peaks. From there, you continue towards Pieve di Cadore, passing through forests, tunnels, and alpine landscapes that tell the story and beauty of these mountains.

### Pay 3: Pieve di Cadore - Feltre

(approx. 120 km, ascent 960 m difference in altitude)

Leaving Pieve di Cadore, you immediately immerse yourself in the alpine landscapes characteristic of this area of the Dolomites, following the cycle path southwards. You will cross Longarone, a town completely rebuilt after a terrible landslide from Monte Toc in 1963 flooded the Vajont basin, causing two enormous waves that devastated the area. You will reach Belluno, a small, quiet, and peaceful town, before continuing through forests and picturesque villages. Finally, you arrive in Feltre, a town with historic charm, where the Dolomites continue to form the backdrop to this biking adventure.

### **♀** Day 4: Feltre – Trento

(approx. 110 km, ascent 2083 m or 82 km + 25 km by train, ticket not included)

Leaving Feltre, a small gem on the historic "Via Claudia Augusta," the road crosses scenic landscapes, following an ancient Roman route that connected the Po Valley to Bavaria across the Alps. You will reach Lake Caldonazzo, the largest natural lake in Trentino, famous for its clear and calm waters. It is possible to shorten the stage by taking a train for part of the route (ticket not included). Finally, you arrive in Trento, welcomed by its rich historic center and the Buonconsiglio Castle.

### Pay 5: Trento - Bolzano

(approx. 70 km, ascent 572 m)

Starting from Trento, leave behind the lively historic center and the majestic Buonconsiglio Castle, following the cycle path along the Adige River. The landscape opens up between lush vineyards and orchards that accompany your ride. You will reach the Salorno Gorge, the linguistic border between the Italian-speaking Trentino and the German-speaking South Tyrol. Continuing along the Adige River, you finally arrive in Bolzano, the cultural and commercial heart of South Tyrol, where the stage ends.

### Day 6: Bolzano - Bressanone (approx. 45 km, ascent 430 m)

Start in Bolzano, a charming city blending Tyrolean and Mediterranean cultures. Explore the arcades, relax at Waltherplatz cafés, or visit the Ötzi museum. Follow the cycle path along the Isarco River, passing Trostburg Castle and Säben Monastery. Continue through vineyards and alpine scenery to Bressanone. Before ending, stroll the historic center and admire the cathedral.

### P Day 7: Bressanone - Alta Pusteria

(approx. 90 km, ascent 2090 m difference in altitude)

Leave Bressanone and cycle north along the Isarco River. long the way, you will encounter the majestic fortress of Franzensfeste, the evocative Neustift Abbey complex, and shortly after, the ruins of the Chiusa di Rio Pusteria. Continuing along the cycle path, you enter the green Puster Valley, accompanied by the peaceful flow of the Rienza River. A short stop in Brunico is highly recommended: its lively pedestrian center welcomes you with cafés, shops, and alpine atmosphere.

Pay 8: Alta Pusteria (Niederdorf/Villabassa or Toblach/Dobbiaco)
Individual departure or possibility to extend your stay.

#### **GENERAL INFORMATION**

Classification: Self-guided tour
Duration: 8 days / 7 nights
Distance: ca. 500-530 km
Starting point: Toblach

• Arrival:

*Eco-friendly option* by train: Take the train from Innsbruck over the Brenner/Brennero to Franzensfeste/Fortezza. Change the train to the Pustertal/Valle Pusteria - Lienz and get off either at Niederdorf/Villabassa or Toblach/Dobbiaco depending on the location of your hotel. Timetable available on: www.deutschebahn.de, www.oebb.at, www.trenitalia.com.

By car: By car on the Brenner/Brennero motorway (A22) to Brixen/Bressanone – take the exit Brixen/Bressanone – Pustertal/Val Pusteria, then through the valley Pustertal/Valle Pusteria (SS49) to Niederdorf/Villabassa or Toblach/Dobbiaco, depending on the location of your hotel or drive along the Felbertauernstraße to Lienz in Eastern Tyrol (Austria) and then further into Italy through the valley Pustertal/Valle Pusteria to Toblach/Dobbiaco or Niederdorf/Villabassa, depending on the location of your hotel.

By plane: Low cost flights are available to Innsbruck airport, "Sant' Angelo - Antonio Canova" airport in Treviso and/or to the Marco Polo airport in Venice. On request, we can organize transfers from the airport to the starting point of the cycle tour.

#### Accomodation:

Hotels 3\*\*\* category.

Attention: Tourist tax - if requested - has to be paid on the spot!

Parking:

Free unattended parking facilities for the duration of the bicycle tour at a nearby public parking area.

• Rental bikes:

Pinarello Prince Carbon Mod. 2020 - Shimano 11V (on request, limited availability) or similar version.

Gravelbike Bianchi Impulso Allroad Alu - Shimano GRX (limited availability) or similar.

#### **INCLUDED SERVICES**

- Accommodation in hotels 3\*\*\* category
- · Breakfast buffet or full breakfast
- Videobriefing
- Luggage transfer from hotel to hotel
- · Well planned routes
- Detailed documents (maps, GPS tracks, places to visit, important telephone numbers)

#### NON INCLUDED SERVICES

- · Arrival to the starting point of the tour
- · Departure at the end of the tour
- · Drinks, tourist tax and all extras
- · Lunch, Dinner
- Not mentioned entries
- · Rental bikes and Travel insurance
- · All not expressly mentioned under the item

Telephone service hotline for the entire tour	"Included services"

#### **STARTING DATES**



#### September



#### **PRICES**

Standard		
Package price in a double room	from 09/05/2026 to 27/09/2026	989€
Package price high season	from 13/06/2026 to 06/09/2026	1.029 €
Single room surcharge		229 €
Additional services		
own bike		0€
Gravelbike 8,7		219 €
Additional nights		
See ebsite		