






ON UNKNOWN TRAILS OVER THE ALPS

 self-guided tour

 Hike

 00-00 km

●●○ Medium

Duration: 8 days / 7 nights

14 years and older



DESCRIPTION

The hike leads over the Kitzbüheler Alps into the Hohe Tauern National Park with its glacially shaped valleys and extraordinary floral diversity. The area is getting rougher, the cliffs are steeper and in the distance the iron-covered summits of the three-thousanders and ever closer peaks of the Dolomites come nearer and nearer. Via the Gsieser Törl you finally cross from Austria to Italy. Past lush alpine meadows and huts, you descend into the Gsiesertal valley. Stately courtyards with sun-drenched balconies seem to be scattered randomly over the flower and herb meadows. The stage destination is not far away and another highlight awaits you at the end of the tour: the Three Peaks, located in the middle of the UNESCO World Heritage Site. The hike runs along marked mountain and hiking trails. The tour is suitable for anyone with a good basic condition. Climbing skills are not necessary. Larger climbs are overcome by cable car and it is possible to shorten the stages by using public transport and/or taxi. The hiking trip is suitable for children over 14 years.

HIKING KITZBÜHEL - THREE PEAKS

DETAILED ROUTES

📍 Day 1: Kitzbühel

Individual arrival at the hotel in Kitzbühel.

📍 Day 2: Kitzbühel – Aurach – Jochberg

(ascent approx. 540 m, descent approx. 380 m / approx. 4-5 hours - variant Bichlalm: ascent approx. 450 m, descent approx. 1.150 m / approx. 5-6 hours)

Starting from Kitzbühel, you walk comfortably below the Kitzbüheler Südberge. You will pass small villages and rustic farms with wonderful floral decorations. The village character of Aurach in Tyrol, the various hamlets and settlements and the wonderful location at the foot of the Kitzbüheler Südberge make Aurach special. It is not for nothing that the great Kitzbüheler artist and painter Alfons Walde has chosen the church and the small village square of Aurach as motifs again and again, thus helping them to achieve worldwide fame. Overnight stay in Jochberg.

📍 Day 3: Jochberg – Gauxjoch – Hartkaserhöhe – Mittersill

(ascent approx. 820 m, descent approx. 800 m/approx. 5-6 hours, or ascent approx. 820 m, descent approx. 250 m/approx. 4-5 hours)

A shuttle will take you to the starting point of your trip. Passing through lush alpine pastures below the valley heights, you will continue to hike up into the beautiful mountains. Enjoy the tranquility and the flora and fauna. Via the Gauxjoch, you reach the Trattenbachalm and the Hartkaserhöhe. Along the hilltop runs the border between the two provinces of Tyrol and Salzburg. If you want to avoid the descent from the Resterhöhe, you can use the "Panoramabahn Kitzbühler Alpen II" to shorten some altitude meters (ticket not included in the price). A bus will take you to Mittersill.

📍 Day 4: Mittersill – Tauernhaus – Venedigerblick – Matrei/Matreier Tauernhaus

(Innerschlöß: ascent approx. 650 m, descent approx. 650 m / approx. 4-5 hours. Alternative: Hintersee – St. Pöltener Hütte – Tauernhaus; ascent approx. 1.240 m, descent approx. 1.040 m / approx. 6-7 hours)

In the morning transfer from Mittersill to the Matreier Tauernhaus. If you like, you can also walk from lake Hintersee over the Felbertauern and the St. Pöltener Hütte to the Matreier Tauernhaus. At first, the trail climbs steadily through meadows and larch forests to the Venedigerblick. At the highest point you have a wonderful view of the glacier world of the Großvenediger. Over a well signposted hiking trail, the Großvenediger and the surrounding mountains always in view, you hike in the direction of Innerschlöss and, over the beautiful alpine pastures, back to the Matreier Tauernhaus. From there you can get to Matrei by public transport.

📍 Day 5: Matrei/Matreier Tauernhaus – Mariahilf – Gsieser Törl – Gsiesertal

(ascent approx. 780 m, descent approx. 740 m / approx. 4.5 – 5.5 hours)

After a bus ride to Mariahilf you start today's hiking-day. Over shady forest paths you go higher and higher up to the first alpine pastures and the Gsieser Törl, around which many old smuggler stories rank. It was a smuggler route between Italy and Austria, especially in the 1920s and 1930s. The view sweeps over the valley to the Pragser Dolomites. On your way to the contemplative Gsiesertal, one hut joins the next: Oberberg, Kradorferalm or Messnerhütte to name just a few. Almost everywhere the local food is amazing. The many traditional dishes are simply too tempting to resist: bacon dumplings on cabbage, cheese dumplings, Kaiserschmarrn, apple strudel.

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📍 Day 6: Gsiesertal – Frondeign – Wahlen – Toblach

(ascent approx. 470 m, descent approx. 440 m / approx. 3-4 hours or ascent approx. 850 m, descent approx. 810 m / approx. 5-6 hours)

The tour leads further and further south and the Dolomites are only a stone's throw away. From the Gsiesertal valley, the trail climbs steadily and comfortably to the crossing of Frondeign. The hike is mostly in the shady forest. If you prefer, you can take the more athletic option towards the „Schuieralm“. The path winds its way down to Wahlen. The valley widens and offers a view of the Neunerkofel, Haunold, Dürrenstein and the Höhlenstein valley.

📍 Day 7: Toblach – Three Peaks Viewpoint - Drei Zinnen (Three Peaks) – Fischleintal

(ascent approx. 950 m, descent approx. 960 m / approx. 5,5-6 hours Variant: ascent approx. 350 m, descent approx. 350 m / approx. 3-4 hours)

In the morning, you take the public bus to the Three Peaks viewpoint. From there, you hike across the Rienzböden and through the Rienztal valley up to the Three Peaks, the landmark of the Dolomites and a UNESCO World Heritage Site. You then continue hiking to the famous Dreizinnenhütte. From there, the route takes you below the Paternkofel, which was fought over in the First World War (the legendary mountain guide Sepp Innerkofler lost his life here), into the Fischleintal valley. From the Fischleintal valley, you take the bus to Toblach. Alternatively, you can take the bus directly to Rifugio Auronzo and do a round hike of the famous Three Peaks, before you take the bus back from Rifugio Auronzo to Dobbiaco (tickets not included).

📍 Day 8: Toblach/Dobbiaco

Individual departure from Toblach/Dobbiaco or possibility to extend your stay.

HIKING KITZBÜHEL - THREE PEAKS

GENERAL INFORMATION

- **Classification:** self-guided tour
- **Duration:** 8 days / 7 nights
- **Distance:** ca. 00-00 km
- **Starting point:** Kitzbühel
- **Arrival:**

By car: Coming from the north (D, NL, B, GB, ...): A8 direction Salzburg - Inntal - Dreieck direction Kufstein A93 - exit Kufstein South - Loferer federal road B178 direction St. Johann in Tirol - Pass Thurn federal road B161 direction Kitzbühel. Coming from the west (CH): Inntalautobahn A12 - Exit Wörgl Ost - Loferer Bundesstraße B178 direction St. Johann in Tirol - Pass Thurn Bundesstraße B161 direction Kitzbühel. Coming from the east: Westautobahn A1 direction Salzburg - A8 direction Munich first exit Bad Reichenhall - B20 direction Lofer - Loferer federal road B178 direction St. Johann in Tyrol - Pass Thurn federal road B161 direction Kitzbühel.

By train: Tyrol can be reached quickly and easily by train, via Munich with one of more than 25 daily direct connections to Tyrol.

By plane: Airport Munich, Salzburg or Innsbruck. There are many taxi companies that offer trips from all these cities to your starting point.

- **Accommodation:**

Guesthouses and hotels 3*** category.

Attention: Tourist tax – if requested – has to be paid on the spot!

- **Parking:**

Parking possibilities at the arrival hotel, not bookbar, to pay on the spot.

- **Transfer:**

Return transfer from Dobbiaco to Kitzbühel on request on Saturday and Sunday at the price of € 79,00 per person. Min. 4 persons. It is possible to take the train from Toblach to Lienz and from there a post bus to Kitzbühel. Tickets are available on the website of the austrian railway ÖBB: <https://www.oebb.at/>.

INCLUDED SERVICES

- Accommodation in guesthouses and hotels 3*** category
- Breakfast buffet or full breakfast
- Luggage transfer from hotel to hotel
- Videobriefing
- Transfers according to the program
- Well planned routes
- Detailed documents (maps, route description,

NON INCLUDED SERVICES

- Arrival to the starting point of the tour
- Departure at the end of the tour
- Drinks, tourist tax and all extras
- Lunch, Dinner
- Bus tickets Mittersill, Gsiesertal and Drei Zinnen (one way and roundtrip) and Drei Zinnen Viewpoint
- Not mentioned entries

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places to visit, important telephone numbers)

- Navigation APP
- Telephone service hotline for the entire tour

- Travel insurance

- All not expressly mentioned under the item „Included services“

