





ITALIA - AUSTRIA - SLOVENIA

 Self-guided tour

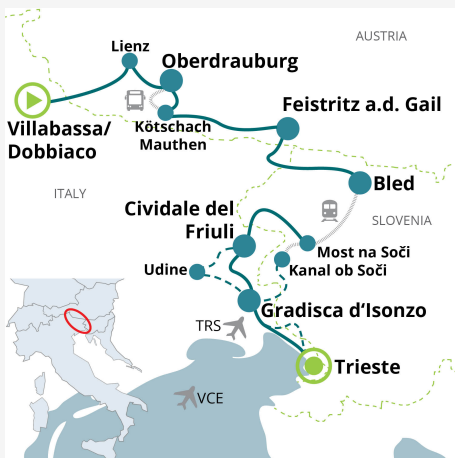
 Bike tour

 260-285 km

●●○ Medium

Duration: 8 days / 7 nights

14 years and older



DESCRIPTION

Starting from the northeastern Dolomites, the first part of the route runs along the river Drau through the valley of the same name and then on through the Gailtal valley on leisurely cycle paths. After a short detour to the Italian border town of Tarvisio you cycle on to Slovenia. At the fairy-tale Lake Bled, you will be at the foot of the Julian Alps. After a transfer to the south side of the Alps, you will return to Italy in the region of Friuli-Venezia Giulia and in the famous wine region “Collio”. The former capital of the Lombards, Cividale del Friuli, is worth a visit. Afterwards, a spectacular end to the cycle tour on the Adriatic awaits you. On the last day you cycle along the sea to the former Habsburg port of Trieste. The tour to Trieste is a varied tour; the last two stages are a bit hilly. The tour goes along bike paths or very quiet side roads, through small villages and picturesque landscape. The tour is suitable for children over 14 years.

DOLOMITES - TRIESTE, VARIANT WITH 2 NIGHTS IN BLED

DETAILED ROUTES

📍 Day 1: Hochpustertal (Niederdorf/Villabassa or Toblach/Dobbiaco)/Sillian

Individual arrival at the hotel in Hochpustertal. Free, unguarded public car park near the hotel.

📍 Day 2: Hochpustertal/Sillian – Oberdrauburg/Kötschach Mauthen

(approx. 70 – 75 km from Hochpustertal/approx. 60 – 65 km from Sillian)

Starting at the watershed of the rivers Drau and Rienz on the Toblacher Sattel, you ride alongside the Drau through South Tyrol and on to East Tyrol and the town of Lienz. The impressive mountains of the Dolomites line the route.

📍 Day 3: Oberdrauburg/Kötschach Mauthen – Feistritz an der Gail/Tarvisio

(transfer to the Gailbergpass + approx. 65 km)

After a short transfer to the Gailbergpass (about 7 km / 350 m sea level difference), a comfortable descent to Kötschach-Mauthen awaits you. On the Gailtal cycle path at the foot of the Carnic Ridge you cycle comfortably past Hermagor. Before you reach your stage finish Feistritz an der Gail, the Pressegger See invites all gourmets to a relaxing break.

📍 Day 4: Feistritz/Tarvis – Bled

(approx. 55 – 65 km)

Along your way to Bled, you reach the Italian border and then continue on the cycle path. You travel past the famous ski area of Kranjska Gora, through the wonderful and mostly unknown countryside of Slovenia. It is also possible to shorten the trip by approx. 10 km using the train. You spend the night at the romantic Lake Bled. Instead of the next stage (Bled – Cividale) you can also choose to spend two nights in Bled (see amended route programme further down).

📍 Day 5

Enjoy one day off at the beautiful lake Bled situated in a picturesque environment, surrounded by mountains and forests.

📍 Day 6: Bled – Görz – Gradisca

(train ride + approx. 40 km)

After the transfer by train to the pass, you will reach the Soca valley, popular with canoeists and adventurers. The river accompanies you on the journey to the divided city of Gorizia. Cycling through the vineyards of the Collio you will reach Gradisca d'Isonzo, where you will spend the night.

📍 Day 7: Gradisca d'Isonzo – Trieste

(approx. 40 km)

The karst accompanies you on the way to the Adriatic Sea and the castles Duino and Miramare invite you for a last visit before you enter the former Habsburg town of Trieste.

📍 Day 8: Triest

Individual departure from Trieste or possibility to extend your stay.

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GENERAL INFORMATION

- **Classification:** Self-guided tour
- **Duration:** 8 days / 7 nights
- **Distance:** ca. 260-285 km
- **Starting point:** Toblach
- **Arrival:**

By car: on the Brenner/Brennero motorway (A22) to Brixen/Bressanone – take the exit “Brixen-Pustertal”, then through the valley Pustertal/Valle Pusteria (SS49) to Niederdorf/Villabassa, Toblach/Dobbiaco or Sillian, depending on the location of your hotel or drive along the Felbertauernstraße to Lienz in Eastern Tyrol (Austria) and then further into Italy through the valley Pustertal/Valle Pusteria to Toblach/Dobbiaco, Niederdorf/Villabassa or Sillian, depending on the location of your hotel.

By train: take the train from Innsbruck over the Brenner/Brennero to Franzensfeste/Fortezza. Change the train to the valley Pustertal/Valle Pusteria – Lienz and get off either at Niederdorf/Villabassa, Toblach/Dobbiaco or Sillian depending on the location of your hotel. Timetable available on: www.deutschebahn.de, www.oebb.at, www.trenitalia.com.

By plane: low cost flights are available to Treviso, Venice Marco Polo, Trieste Ronchi dei Legionari and Innsbruck.

- **Accommodation:**

Inns and hotels 3***, partly 4**** category.

Attention: Tourist tax – if requested – has to be paid on the spot!

- **Parking:**

Free and unguarded parking facilities for the duration of the bicycle tour at a nearby public parking area.

- **Rental bikes:**

- 21-gears women's or men's bicycle
- TOP bike (unisex model – man model on request)
- E-bike (unisex bike, 500 W battery; range up to 100 km)

It is possible to add a rental bike disclaimer to your booking. Price is € 24.00 per trekking bike and € 49.00 per TOP bike/ e-bike /mountain bike. For more information we recommend to review our Terms and Conditions.

- **Transfer:**

Return transfer every Wednesday and Saturday from Trieste to Hochpustertal (Toblach/Dobbiaco or Niederdorf/Villabassa)/Sillian at a price of € 96.00 per person + € 45.00 for each own bike (reservation and payment upon booking).

Alternative: SAF – Bus from Trieste (daily at approx. 06.40 a.m.) to San Candido/Innichen (no bicycle transport possible; duration: approximately 5 hours) – Timetable and details on www.autostazionetrieste.it.

INCLUDED SERVICES

- Accommodation in inns and hotels 3***, partly

NON INCLUDED SERVICES

- Arrival to the starting point of the tour

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4**** category

- Breakfast buffet or full breakfast
- Videobriefing
- Luggage transfer from hotel to hotel
- Transfer from Oberdrauburg to the Gailberg Pass
- Transfer by train from Bled to Most na Soci/Kanal ob Soci
- Well planned routes
- Detailed documents (maps, route description, places to visit, important telephone numbers)
- Telephone service hotline for the entire tour
- Navigation app; GPS data

- Departure at the end of the tour
- Drinks, tourist tax and all extras
- Lunch, Dinner
- Not mentioned entries
- Rental bikes and travel insurance
- All not expressly mentioned under the item „Included services“

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STARTING DATES

Available - arrival possible Not Available Available for groups from 6 persons and on request

May

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
					3	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4	5
		6	7	8	9	10
		11	12	13	14	15
		16	17	18	19	20
		21	22	23	24	25
		26	27	28	29	30

August

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
						2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

September

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4	5
		6	7	8	9	10
		11	12	13	14	15
		16	17	18	19	20
		21	22	23	24	25
		26	27	28	29	30

PRICES

Standard

Package price in a double room	Arrive on 09/05/2026 and 26/09/2026	879 €
Package price in a double room	from 13/05/2026 to 25/09/2026	995 €
Package price high season	from 23/05/2026 to 11/09/2026	1.029 €
Single room surcharge		249 €

Additional services

Rental bike 21-gear (men) 8,7	99 €
Rental bike 21-gear (women) 8,7	99 €
own bike	0 €
Rental bike TOP (men) 8,7	169 €
Rental electric bike 8,7	269 €

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TOP bike (unisex) 8,7

169 €

Additional nights

See ebsite