

 selfguided-tour

 Hike

 67-67 km

●●○ Medium

Duration: 8 days / 7 nights

DESCRIPTION

This trek will give you the opportunity to discover the many landscapes of the Langhe and visit some of the most beautiful and characteristic towns of the area. The first part of the journey takes place almost entirely through the vineyards that have made the region famous all over the world; here Barolo wine is the protagonist, and the rows of Nebbiolo grapes extend as far as the eye can see. On the tops of the hills you'll find villages and castles that invite you to linger to enjoy a good glass of wine and an invigorating meal. The second part of the trip will take you instead in the wildest part of the region, the high Langa, in which the protagonist is the hazelnut, the variety of Piedmont is considered one of the best in the world; forests, deep valleys and hazelnut trees punctuate the journey up to Cortemilia, the final destination of your holiday.

DETAILED ROUTES

📍 Day 1:: Alba

Individual arrival in Alba, a town nestled in a truly enchanting landscape: its territory is characterised by rolling hills dotted with numerous renowned vineyards whose fruits have made the area famous. Piedmont's wine production is known throughout the world thanks to the fine wines of the Alba area, such as Barolo and Barbaresco, Barbera and Dolcetto. Don't forget to buy a bottle to take home as a souvenir!

📍 Day 2: Alba - Grinzane - Barolo

(approx. 13 km - approx. 3.5 hours)

In the morning, a taxi will take you to the castle of Grinzane, here begins your journey on foot that will lead you through Gallo d'Alba and then in the middle of the vineyards of La Morra until you'll reach Barolo with its castle.

📍 Day 3: Barolo - Novello - Monforte

(approx. 9 km - approx. 2.5 hours or approx. 14 km - approx. 4 hours)

Today's route runs almost entirely among the finest vineyards of Nebbiolo grapes, which yields one of the most appreciated Italian wines; initially we reach Novello with its imposing castle, then we head up to Monforte, where we can relax in the main square of the village, always buzzing with tourists and local people. On the longer route you pass by Monchiero.

📍 Day 4: Monforte - Cissone

(approx. 16 km - approx. 4.5 hours)

Today's route takes us to Serralunga, Sinio, Roddino and then Cissone; addition to the usual rows of grapes, we meet the first hazelnut trees, typical of high Langhe and some wooded areas a little wilder. It's worth a stop in Serralunga, to visit the castle and enjoy a glass of wine.

📍 Day 5: Cissone (rest day)

Today you can take a short circular route around the hills of this pretty village, or enjoy a little relaxation on the terrace of the agriturismo.

📍 Day 6: Cissone - Caravanzana

(approx. 17 km - approx. 5 hours)

We are located in Alta Langa, famous for its hazelnuts, the landscape is characterized by extensive cultivation of hazelnut trees and the deep valley of the Belbo, which we cross, after making a stop at the beautiful church of Cerretto Langhe, to reach Cravanzana

📍 Day 7: Caravanzana - Cortemilia

(approx. 12 km - approx. 3.5 hours)

From Cravanzana start a nice stretch going down to Torre Bormida, where we cross the river of the same name, then begin a steep climb to Bergolo, one of the smallest and characteristic municipalities of Alta Langa, from here onwards we continue in the midst of the forests to Cortemilia, an ancient village dating back to the Roman Age.

📍 Day 8: Cortemilia

Individual departure or possibility to stay longer

GENERAL INFORMATION

- **Classification:** selfguided-tour
- **Duration:** 8 days / 7 nights
- **Distance:** ca. 67-67 km
- **Starting point:** Alba (CN)
- **Arrival:**

By car: route planner available at www.viamichelin.it, <https://www.google.com/maps/>

By train: Alba station. Information and timetables at www.trenitalia.it .

- **Accommodation:**

hotels of 3***category, B&Bs, farmhouses

Attention: Tourist tax – if requested – has to be paid on the spot.

- **Transfer:**

Return to the starting point: transfer with quote on request.

Alternative: return by bus (except Sundays), duration approximately 1 hour; info at <http://www.gelosobus.it/Home.aspx>

INCLUDED SERVICES

- Accommodation in 3*** hotels and B&Bs in double rooms with private facilities
- Breakfast
- Luggage transport from hotel to hotel
- Transfer Alba/Grinzane day 2
- Well-planned itinerary
- Route description, map
- Medical/luggage insurance
- Telephone assistance service during the trip

NON INCLUDED SERVICES

- Arrival at the starting point of the tour
- Departure at the end of the tour
- Drinks, tourist tax and all extras
- Lunch, Dinner
- Not mentioned entries
- Rental bikes and travel insurance
- All not expressly mentioned under the item „Included services“

TREKKING LANGHE

STARTING DATES



Available - arrival possible



Not Available



Available for groups from 6 persons and on request

March

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

May

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July

Mon	Tue	Wed	Thu	Fri	Sat	Sun
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3	4	5	6	7	8	9
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24	25	26	27	28	29	30
31						

August

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
3	4	5	6	7	8	9
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17	18	19	20	21	22	23
24	25	26	27	28	29	30

October

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
3	4	5	6	7	8	9
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17	18	19	20	21	22	23
24	25	26	27	28	29	30
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PRICES

Standard

Package price in a double room from 01/03/2026 to 31/08/2026 735 €

Package price high season from 01/09/2026 to 31/10/2026 765 €

Single room surcharge 265 €

Additional services

no bike 0 €

Additional nights

See ebsite