

 Self-guided tour

 Hike

 00-00 km

●○○ Easy

Duration: 7 days / 6 nights

DESCRIPTION

For those seeking genuine, unspoiled mountains far from the crowds, the Friulian Dolomites Natural Park offers a truly unique experience: a hut-to-hut loop trek through some of the wildest and most fascinating valleys of the Eastern Alps. Since 2009, this extraordinary area has been recognized as a UNESCO Natural World Heritage Site. Notes: Bring a sheet sleeping bag or sleeping bag, pillowcase, and slippers. For this hut-to-hut trekking, good physical fitness is required to tackle the 1,000 meters of elevation gain in a single day while carrying your backpack. The proposed route doesn't require climbing or via ferrata equipment, but you should feel confident navigating rocky terrain and narrow, rough paths (easier route variants are available).

TREKKING: FRIULAN DOLOMITES LOOP

DETAILED ROUTES

📍 Day 1: Forni di Sopra

Individual arrival in Forni di Sopra. Hotel check-in, dinner, and overnight stay.

📍 Day 2: Forni di Sopra – Rifugio Giau

(ascent approx. +370 m; approx. 4 km; approx. 1 hour)

After breakfast, follow the trail toward Rifugio Giau. A pleasant mule track followed by a hiking path leads to the first hut in about one hour. Dinner and overnight stay at the hut.

📍 Day 3: rifugio Giau – Rifugio Flaiban Pacherini

(ascent approx. +1.000 m; approx. 12 km; approx. 6 hours)

After breakfast, begin the crossing to Rifugio Flaiban-Pacherini along the enchanting Truoi dai Sclops – the "Trail of the Gentians". This spectacular route winds through a variety of landscapes and scenic viewpoints, crossing Forcella Urtisiel, the wide Valmenon plateau with its hut, and the mountain passes of Brica and Inferno, before descending into the upper Val di Suola. Elevation gain: 1,000 m; Duration: approx. 6 hours; Difficulty: Moderate (E). Trail markers: CAI No. 361 (to Valmenon), No. 369 (to Passo del Mus), No. 362. Dinner and overnight stay at Rifugio Flaiban-Pacherini.

📍 Day 4: Rifugio Flaiban Pacherin – Rifugio Pordenone

(ascent approx. +800 m; approx. 8 km; approx. 5–6 hours)

After breakfast, depart from the hut towards Passo di Suola, crossing Forcella Rua Alta and Forcella Pramaggiore. (Optionally, you can climb to the summit of Monte Pramaggiore – 2,478 m – the highest and most panoramic peak in the group.) The descent then follows the idyllic Val dell'Inferno and Val Postegae down to Rifugio Pordenone. Elevation gain: 800 m; Time: 5–6 hours; Difficulty: EE (expert hikers; short sections of grade I climbing to reach the summit). Trail markers: CAI 363, 366, 362. Alternative route: Ascend to Passo del Mus and descend directly to Rifugio Pordenone via Val di Guerra and Val Postegae. Elevation gain: 500 m; Time: 4 hours; Difficulty: E (moderate). Trail marker: CAI 362. Dinner and overnight stay at Rifugio Pordenone.

📍 Day 5: Rifugio Pordenone – Rifugio Padova

(ascent approx. +1100 m; approx. 10 km; approx. 5 hours)

After breakfast, begin the crossing to Rifugio Padova, following the iconic Val Montanaia route via Forcella Montanaia, at the foot of the extraordinary Campanile di Val Montanaia – the legendary "scream of stone" known by climbers across Europe. The trail is demanding but set in a truly majestic alpine environment. After crossing the pass, descend through Val d'Arade to the wide alpine meadow of Rifugio Padova. Elevation gain: 1,100 m; Duration: approx. 5 hours; Difficulty: EE (for expert hikers). Trail markers: CAI 353 (to Val d'Arade), then 342 and 346. Alternative route: To avoid the steep descent from Forcella Montanaia, you can ascend via Val Monfalcon di Cimoliana and descend to Val d'Arade through Forcella Monfalcon di Forni – though you'll miss the closeup view of the Campanile. Trail marker: CAI 349. Dinner and overnight stay at Rifugio Padova

📍 Day 6: Rifugio Padova – Rifugio Giau – Forni di Sopra

(ascent. approx. +1100 m; approx. 8 km; approx. 6 hours)

After breakfast, set off towards the heart of the Monfalconi range, tackling a spectacular crossing over two high mountain passes: Forcella Monfalcon di Forni and Forcella del Cason. Along the way, you'll traverse a breathtaking rocky amphitheater where the striking red Bivacco Marchi-Granzotto stands in solitary splendor.

TREKKING: FRIULAN DOLOMITES LOOP

Elevation gain: 1,100 m; Duration: approx. 6 hours; Difficulty: EE (for expert hikers). Trail marker: CAI 342.
Alternative route: (Recommended for those who already crossed Forcella Monfalcon di Forni the day before.)
Ascend more comfortably to Forcella Scodavacca, through beautiful Dolomitic scenery, then descend directly to Rifugio Giaf. From there, continue to Forni di Sopra, with arrival expected in the early afternoon. Hotel check-in, dinner, and overnight stay

Day 7: Departure

After breakfast, departure to your home destinations.

TREKKING: FRIULAN DOLOMITES LOOP

GENERAL INFORMATION

- **Classification:** Self-guided tour
- **Duration:** 7 days / 6 nights
- **Distance:** ca. 00-00 km
- **Starting point:** Forni di Sopra
- **Arrival:**

By plane: airport Treviso, Trieste or Venice

By train: By train (train station Calalzo or Carnia – see on: www.trenitalia.com).

By car: directly to Forni di Sopra

- **Accommodation:**

3-stars hotel, mountain huts and alpine farmhouses (shared dormitory or small room with shared facilities)

Attention: Tourist tax – if requested – has to be paid on the spot!

- **Parking:**

Parking at the starting hotel; cannot be booked at the moment of reservation of the tour; to be paid directly on the spot.

INCLUDED SERVICES

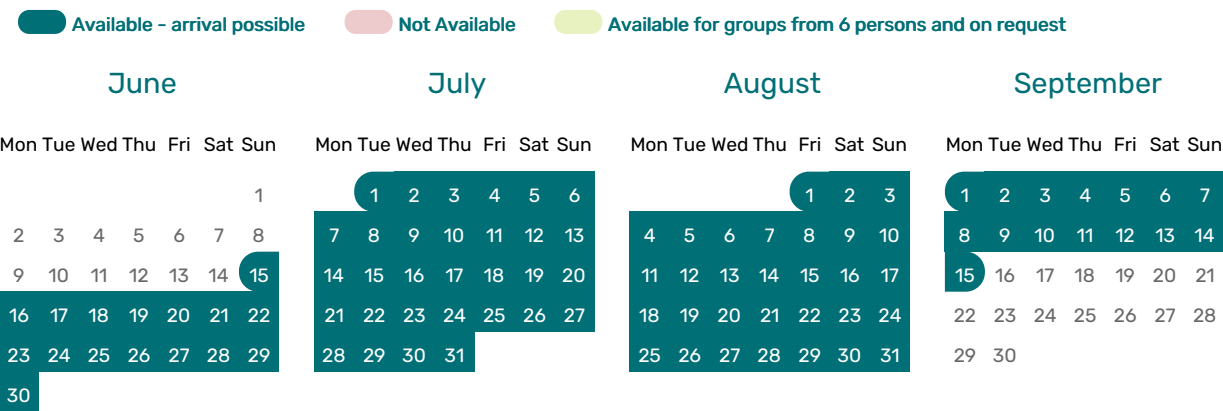
- Accommodation in 3-stars hotel, mountain huts and alpine farmhouses (shared dormitory or small room with shared facilities)
- Dinner

NON INCLUDED SERVICES

- Arrival at the starting point of the tour
- Departure at the end of the tour
- Drinks, tourist tax and all extras
- Lunch
- Not mentioned entries
- Travel insurance
- All not expressly mentioned under the item „Included services“

TREKKING: FRIULAN DOLOMITES LOOP

STARTING DATES



PRICES

| Standard | | |
|--|-------------------------------|-------|
| Package price in a double room with half board | from 15/06/2025 to 15/09/2025 | 715 € |
| Package price high season | from 01/07/2025 to 31/08/2025 | 955 € |
| Single room surcharge | | 210 € |
| Additional services | | |
| no bike | | 0 € |