





 Self-guided tour

 Hike

 00-00 km

 ●○○ Easy

Duration: 8 days / 7 nights

DESCRIPTION

The European long-distance hiking trail E5 crosses the Alps from north to south. The hiking trail runs from Constance on Lake Constance to Verona. It has an approximate length of 600 kilometers and crosses several countries - including Germany, Austria, Switzerland and Italy.

HIKING E5: THE EUROPEAN LONG-DISTANCE HIKING TRAIL

DETAILED ROUTES



Day 1: Arrival

Individual arrival in Merano



Day 2: Merano – Moos im Passeier – Merano

(approx. 6 hours)

The Passeier Valley, home of the Tyrolean folk hero Andreas Hofer, is one of the most rustic and scenically diverse valleys in South Tyrol.



Day 3: Merano – San Genesio – Bolzano

(approx. 6 hours)

You have a magnificent panoramic view of the silhouette of the famous Dolomite peaks to the east and the Ötztal and Sarntal Alps to the north.



Day 4: Bolzano – Bauernkohlern – Nova Ponente/Deutschnofen/Weißenstein

(approx. 5.5 hours)

On this stage you can discover the beauty of Bolzano from a privileged position. You leave the northern section of the E5 and hike through woods and meadows towards the southern section.



Day 5: Deutschnofen/Weißenstein – Truden

(approx. 5.5 hours)

Starting from the pilgrimage site of Maria Weißenstein, you hike further into the Kössertal valley and into the Bletterbachschlucht gorge, a UNESCO World Heritage Site around 400 meters deep.



Day 6: Truden – Gfrill

(approx. 5 hours)

You hike along the provincial border of South Tyrol, where you have an excellent view down into the Adige Valley.



Day 7: Gfrill – Cembra – Trento

(approx. 5 hours)

You hike through quiet and secluded mixed oak forests on well-marked paths from South Tyrol directly across the border into Trentino. You will often cross this border without realizing it. The hike takes you past the Bait dei Tinoti on the ridge to Lago Santo, a shimmering blue lake in the middle of the dark green forest. With the public bus you reach Trento.



Day 8: Departure

Individual departure or possibility to extend your stay.

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GENERAL INFORMATION

- **Classification:** Self-guided tour
- **Duration:** 8 days / 7 nights
- **Distance:** ca. 00-00 km
- **Starting point:** Meran
- **Arrival:**

By car: via the Brenner highway (A22) to Merano or via the Felbertauern road to Lienz in East Tyrol, over the Austrian-Italian border and then on the SS49 through the Pustertal valley to Merano

By train: via Innsbruck and the Brenner or via East Tyrol/Pustertal valley to Merano. Timetables at: www.deutschebahn.de, www.oebb.at, www.trenitalia.com.

By plane: The nearest airports are Innsbruck (approx. 83 km), Verona Villafranca (approx. 191 km), Treviso (approx. 228 km), Venice Marco Polo (approx. 313 km).

- **Accommodation:**

Hotels 3*** category and guesthouse

Attention: Tourist tax, if requested, has to be paid on site.

- **Parking:**

Depending on the first hotel, unattended parking facilities are available, either directly at your hotel or nearby. Reservation not possible; payable on the spot.

INCLUDED SERVICES

- Accommodation in hotels 3*** and guesthouses
- Breakfast buffet or full breakfast
- Videobriefing
- Luggage transfer from hotel to hotel
- Transfers according to the program
- Well planned routes
- Detailed documents (maps, route description, places to visit, important telephone numbers)
- Navigation APP
- Telephone service hotline for the entire tour

NON INCLUDED SERVICES

- Arrival to the starting point of the tour
- Departure at the end of the tour
- Drinks, tourist tax and all extras
- Lunch, Dinner
- Not mentioned entries
- Travel insurance
- All not expressly mentioned under the item „Included services“

HIKING E5: THE EUROPEAN LONG-DISTANCE HIKING TRAIL

STARTING DATES



PRICES

Standard		
Package price in a double room	from 14/06/2025 to 13/09/2025	1.099 €
Package price high season	from 14/06/2025 to 13/09/2025	1.099 €
Single room surcharge		249 €
Additional services		
no bike		0 €