






THE VALLEY - CYCLING PATHS OF THE ALTA PUSTERIA

 Self-guided tour

 Bike tour

 200-230 km

 Easy

Duration: 7 days / 6 nights

Also ideal for families with children!



DESCRIPTION

At the foot of the Dolomites you cycle without meeting steep inclines, along well built valley cycle paths, among which are also the classic “Drava/Drau bicycle path”. Lake Toblacher See, the view to the Drei Zinnen (Three Peaks), as well as typical towns will stay in your memory for a long time. From your hotel in Hochpustertal you leave every day for your bicycle tour. The programme gives you space for an individual organisation of the stages and guarantees fun for all cyclists, equal if athletic ambitious or “pleasure-seeking”. The bicycle tour leads you into side valleys of the Hochpustertal to Sesto and Casies and on the old Dolomites railway track from Cortina d’Ampezzo to Dobbiaco. Ideal for families; it runs consistently on valley cycle paths without steep inclines. On the most days there is the possibility to choose independently the desired length of route and to adapt according to this the transfer by minibus or train. In addition for convenience you can take a day of rest. There are more demanding routes for experienced bikers. The overnight stay is intended always in the same hotel in Hochpustertal (Villabassa/Niederdorf or Toblach/Dobbiaco).

CYCLE THROUGH THE DOLOMITES – BASED IN ONE HOTEL

DETAILED ROUTES

Day 1: Arrival

Individual arrival at the hotel in Hochpustertal (Niederdorf/Villabassa or Toblach/Dobbiaco). Free, unguarded public car park near the hotel.

Day 2: Along the Pustertal cycle path and the river Rienz: Hochpustertal – Bruneck/Brunico

(approx. 25 - 30 km to Bruneck or 55 - 60 km if going to Sand in Taufers/Campo Tures)

Starting from the highest point in Dobbiaco/Villabassa the cycle path is wriggling along the river „Rienz“ through the villages of the valley to Brunico. Visit castle Bruneck with its Messner Mountain Museum or the open-air museum of Dietenheim. Ambitious cyclists have the possibility to continue the cycling path to the valley Tauferer Ahrntal and to visit castle Taufers. Return transfer from Brunico to your hotel in the afternoon.

Day 3: The Sextner Valley: framed from the Dolomites of Sexten

(approx. 40 km)

The cycle path will bring you into the valley Fischleintal. From above some famous peaks of the Dolomites are greeting while you stroll through the Sextner valley. Out of the valley you cycle to San Candido (famous Romanic dome). After a refreshment at the source of the river Drau/Drava you return to the hotel.

Day 4: Drava/Drau cycle path: the classic Toblach/Dobbiaco–Lienz

(approx. 50 - 55 km, consistent slightly downwards)

You leave Dobbiaco or Villabassa and arrive to San Candido, before you overstep the nearby Italian-Austrian border right after Prato Drava. Soft you cycle with the bike to Lienz, which is located on the confluence of Isel and Drava. Worth seeing are the historic centre and the castle Schloss Bruck. Return transfer to your hotel in the afternoon.

Day 5: Cycling path along the Dolomites railway track: Cortina d'Ampezzo – Hochpustertal

(approx. 30-35 km)

Transfer to Cortina d'Ampezzo. On the unique road, with - especially for cyclists - illuminated tunnels of the erstwhile track, the path leads you from Cortina d'Ampezzo to Cimabanche, the highest point of the tour. Following the cycle path you pass lake Dürrensee, don't forget to look over your shoulder and enjoy the view of the massif of Cristallo. Shortly afterwards you will see the world famous Drei Zinnen (Three Peaks). Passing by lake Toblachersee you reach your hotel in Dobbiaco/Villabassa. Ambitious bikers can cycle both ways instead of taking the shuttle in the morning (approx. 60-70 km).

Day 6: The Gsiesertal Valley

(approx. 55 km)

This valley is characterised by traditional farms and a big calmness and tranquillity. In Monguelfo there is the possibility to visit the castle or you have a break in Villabassa for searching refreshment in the Kneipp facility.

Day 7: Departure

Individual departure from Hochpustertal (Niederdorf/Villabassa or Toblach/Dobbiaco) or possibility to extend your stay.

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GENERAL INFORMATION

- **Classification:** Self-guided tour
- **Duration:** 7 days / 6 nights
- **Distance:** ca. 200-230 km
- **Starting point:** Toblach
- **Arrival:**

By car: on the Brenner/Brennero motorway (A22) to Brixen/Bressanone – take the exit “Brixen-Pustertal”, then through the valley Pustertal/Valle Pusteria (SS49) to Niederdorf/Villabassa or Toblach/Dobbiaco, depending on the location of your hotel or drive along the Felbertauernstraße to Lienz in Eastern Tyrol (Austria) and then further into Italy through the valley Pustertal/Valle Pusteria to Toblach/Dobbiaco or Niederdorf/Villabassa, depending on the location of your hotel.

By train: take the train from Innsbruck over the Brenner/Brennero to Franzensfeste/Forтеzza. Change the train to the valley Pustertal/Valle Pusteria - Lienz and get off either at Niederdorf/Villabassa or Toblach/Dobbiaco depending on the location of your hotel. Timetable available on: www.deutschebahn.de, www.oebb.at, www.trenitalia.com.

By plane: low cost flights are available to Treviso, Venice Marco Polo, Trieste Ronchi dei Legionari and Innsbruck. We can organise your airport transfer to the first hotel (on request and not included in the price).

- **Accommodation:**

Category A: hotels 4**** category

Category B: hotels 3**** category

Attention: Tourist tax – if requested – has to be paid on the spot!

- **Parking:** Free unguarded parking facilities for the duration of the bicycle tour at a nearby public parking area.
- **Rental bikes:**
 - 21-gears women’s or men’s bicycle
 - Rental bike TOP (unisex model - male model on request)
 - E-bike (unisex bike, 500 W battery, range up to 100 km)

It is possible to add a rental bike disclaimer to your booking. Price is € 24.00 per trekking bike and € 49.00 per TOP bike/ e-bike /mountain bike. For more information we recommend to review our Terms and Conditions.

INCLUDED SERVICES

- Accommodation in hotel of the chosen category
- Breakfast buffet or full breakfast
- 3 course evening meal
- Videobriefing
- All transfers according to the programme,

NON INCLUDED SERVICES

- Arrival to the starting point of the tour
- Departure at the end of the tour
- Drinks, tourist tax and all extras
- Lunch
- Not mentioned entries

CYCLE THROUGH THE DOLOMITES – BASED IN ONE HOTEL

before or after the daily tour (the tour order might be changed depending on the arrival day)

- Well planned routes
- Detailed documents (maps, route description, places to visit, important telephone numbers)
- Navigation APP
- Telephone service hotline for the entire tour

- Rental bikes and travel insurance
- All not expressly mentioned under the item „Included services“

CYCLE THROUGH THE DOLOMITES – BASED IN ONE HOTEL

STARTING DATES

Available - arrival possible
 Not Available
 Available for groups from 6 persons and on request

May

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

July

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

August

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

PRICES

Kategorie A

Package price in a double room with half board	from 24/05/2025 to 21/09/2025	1.349 €
Package price high season	from 14/06/2025 to 12/09/2025	1.449 €
Single room surcharge		295 €

Additional services

Rental bike 21-gear (men) 8,7		99 €
Rental bike 21-gear (women) 8,7		99 €
own bike		0 €
Leihrad TOP (Herren) 7,6		149 €
Leihrad TOP (Unisex) 7,6		149 €
Elektro Leihrad 7,6		249 €

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Additional nights

See ebsite

Kategorie B

Package price in a double room with half board	from 24/05/2025 to 21/09/2025	989 €
Package price high season	from 14/06/2025 to 12/09/2025	1.149 €
Single room surcharge		219 €

Additional services

Rental bike 21-gear (men) 8,7	99 €
Rental bike 21-gear (women) 8,7	99 €
own bike	0 €
Leihrad TOP (Herren) 7,6	149 €
Leihrad TOP (Unisex) 7,6	149 €
Elektro Leihrad 7,6	249 €

Additional nights

See ebsite