






## HIKING AROUND THE MONT BLANC

 Self-guided trip

 Hike

 96-110 km

 Easy

Duration: 8 days / 7 nights

## DESCRIPTION

True to its myth, the Mont Blanc is no doubt one of the most beautiful massifs of the Alps. Our circuit will lead you from France to Italy and Switzerland so you can discover its various faces. The sceneries are breath-taking with innumerable alpine peaks and stunning glaciers surrounding the impressive Mont Blanc massif constantly in the background. True to its myth, the Mont Blanc is no doubt one of the most beautiful massifs of the Alps. Our circuit will lead you from France to Italy and Switzerland so you can discover its various faces. The sceneries are breath-taking with innumerable alpine peaks and stunning glaciers surrounding the impressive Mont Blanc massif constantly in the background. For intermediate hikers. Expect 4 to 7 h (or even 9 h!) of walking by day, from 300 to 1,200m of ascent by day.

# TOUR DU MONT BLANC HIKE

## DETAILED ROUTES

### 📍 Day 1: Les Contamines

Individual arrival in the traditional village of Les Contamines.

Overnight in a nice 2\* hotel; half board.

### 📍 Day 2: Les Contamines - Les Chapieux\*

6 to 7 h walk, +1,200m, -900m.

A short transfer to Notre Dame de la Gorge. Climb over the Col du Bonhomme and the Col de la Croix du Bonhomme leading to the Chapieux valley. Cross over the Aiguille des Glaciers, you will be in the midst of splendid sights.

Overnight in a mountain lodge/hotel; half board.

\*In case Les Chapieux is not available, we book a hotel in Bourg St Maurice instead.

### 📍 Day 3: Les Chapieux - Courmayer

6 h walk, +765 m, -880 m

*\*If you stayed in Bourg St Maurice : Transfer at 6:55 am sharp from Bourg Saint Maurice to Ville des Glaciers in public shuttle (6€ to pay on spot), departure of today's hike.*

Reach Ville des Glacier to start the hike (45mn walk), in summer free public shuttle are available. Venture over the Col de la Seigne to the Italian side of the boarder. On this walk, you can expect spectacular views. Descent into Val Veny and take a bus from La Cantine de la Visaille to Courmayer. A great panoramic view upon the Grandes Jorasses.

Overnight in in Courmayer in a 3\* hotel or in B&B on the room basis.

### 📍 Day 4: Courmayer - Champex (Val d'Arpette)

6 to 7 h walk, +850m, -1,000m.

Cross the Grand Col Ferret and arrive in the quaint but beautiful village of La Fouly in Switzerland. Take part in the exceptional views over the massif of Combins in the East and on the Italian side of Mont Blanc. Transfer by Postal Bus to Champex, a Swiss village boasting a beautiful lake. The lodge-hotel in Val D'Arpette, Relais d'Arpette, is some 45 min further by foot.

Overnight in Relais Arpette; half board.

### 📍 Day 5: Champex (Val d'Arpette) - La Forclaz\*/Trient

7 to 9 h walk, +1,050m, -1,385m/ in case of uncertain weather 5:30 h of walking, + 800m, -1,135m

The highest point of the walk is reached today as you climb over the Fenêtre d'Arpette (2,750 m) savor the breath-taking views while you go down alongside the Trient glacier.

*\*If you sleep in Trient, from Col de La Forclaz it's +20 min, -230m, +1, 5 km. By doing so, you slightly shorten the next stage.*

Overnight in lodge in Col de La Forclaz or in Trient; half board.

### 📍 Day 6 : La Forclaz/Trient - Le Tour or Argentière

6 to 7 h walk, +1,000m, -1,050m.

Cross over the Col de la Balme and back to France with fantastic views on the Mont Blanc and Aiguille Verte, you will have the option between 2 alternative routes for the descent to Tour or into the village of Argentières.

Overnight in 3\* hotel in Argentières with halfboard.

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## 📍 Day 7: Le Tour/Argentière - Chamonix

6 hrs walk, +900m, -1,100m.

Enjoy the wonderful Balcon des Aiguilles Rouges, before a climb to Lac Blanc. Take in all the beautiful scenery that follows : Aiguille Verte, Les Drus, La Mer de glace, Aiguilles de Chamonix, Mont Blanc du Tacul, Aiguille du Goûter, and last but not least, the Mont Blanc! Descend to Chamonix by Le Praz. You can also choose to take the cableway of La Flégère or even by bus (transfers not included in the price).

Overnight in a 3\* hotel in Chamonix; B&B.

## 📍 Day 8: individual departure

Departure after breakfast.

*We can be brought to modify the indicated route: either at the level of the organization (problem of overload of the accommodations, the modification of the state of the ground, the collapses, the degraded paths, etc.). These modifications are always made in your interest, for your safety and for a better comfort!*

# TOUR DU MONT BLANC HIKE

## GENERAL INFORMATION

- **Classification:** Self-guided trip
- **Duration:** 8 days / 7 nights
- **Distance:** ca. 96-110 km
- **Starting point:** Les Contamines-Montjoie
- **Arrival:**

Individual arrival.

By train: St Gervais – Le Fayet railway station and then taxi or bus to Les Contamines.

By bus: SAT Mont Blanc <https://www.sat-montblanc.com/>

By plane: From Geneva airport <https://www.gva.ch/fr/> Private transfer during the week (price depending on arrival/ departure – different at night or on bank holiday)

GVA airport / Contamines : 300 € per way from 1 to 8 persons. Chamonix / GVA airport : 300 € per way from 1 to 8 persons

- **Accommodation:**

Hotel 2\*\* and 3. Accommodation in double room with private bathroom for the hotels in Les Contamines\*\*, Courmayeur\*, Argentières\*\*\* and Chamonix\*\*\*.

Double room in lodge-hotel in les Chapieux, Arpette and Trient, most of time with an private bathroom but we can't guarantee it. (No reduction if the room does not have private bathroom)

No halfboard in Courmayeur and Chamonix!

- **Parking:**

Free but unsupervised parking in les Contamines.

- **Transfer:**

- At the end of the tour, to go from Chamonix to les Contamines : by Bus SAT Mont Blanc or by Taxi;
- From Chamonix to Le Fayet : by train, about 40 mn <https://www.sat-montblanc.com/>;

**Warning:** from 15/06 to 30/06 and from 01/09 to 15/09, there is a strong risk of snow and snowdrifts. Some buses do not work, and it is necessary to replace them by a cab: day 3 from Chapieux to the Ville des Glaciers (possibility to do it on foot, 5km). And on day 3 from the Cantine de visailles to Courmayeur, possibility to take a cab. (Prices on request)

### INCLUDED SERVICES

- Accommodation and meals as detailed on the program
- Luggage transport (15 kg max!)
- Transfer on day 2 morning

### NON INCLUDED SERVICES

- Drinks
- Lunches
- Bus transfers (Visaille to Courmayeur ; Courmayeur to Val Ferret ; Fouly to

# TOUR DU MONT BLANC HIKE

- Digital travel pack
- Gpx tracks

Champex)

- Cablecare • Travel pack printed version
- Transfer on day 3 La Nova - Seloge (Ville des Glaciers)
- Round trip transfers to and from Bourg Saint Maurice if you stay there.
- All not expressly mentioned under the item „Included services“

# TOUR DU MONT BLANC HIKE

## STARTING DATES

Available - arrival possible Not Available Available for groups from 6 persons and on request

June							July							August							September						
Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2	1	2	3	4	5	6	7														
3	4	5	6	7	8	9	8	9	10	11	12	13	14	5	6	7	8	9	10	11							
10	11	12	13	14	15	16	15	16	17	18	19	20	21	12	13	14	15	16	17	18	9	10	11	12	13	14	15
17	18	19	20	21	22	23	22	23	24	25	26	27	28	19	20	21	22	23	24	25	16	17	18	19	20	21	22
24	25	26	27	28	29	30	29	30	31					26	27	28	29	30	31		23	24	25	26	27	28	29
																											30

## PRICES

### Standard

Package price in a double room with half board	from 15/06/2024 to 15/09/2024	1.290 €
Package price high season	from 15/06/2024 to 15/09/2024	1.290 €
Single room surcharge		330 €

### Additional services

no bike		0 €
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### Additional nights

See ebsite