

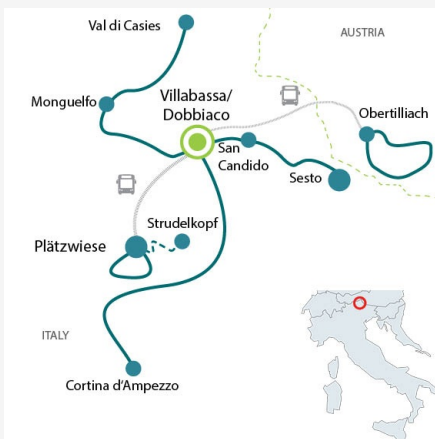
 self-guided tour

 Winter tour

 60-210 km

 Medium

Duration: 8 days / 7 nights



## DESCRIPTION

The Dolomitenlauf is the largest cross-country skiing event in Austria, which is realised according to a unique concept: „No matter whether for professionals, amateurs or pleasure sportsmen - for every ability, every taste, every age we offer the right competition with the appropriate sporting challenge. And all this in front of an impressive natural backdrop!“ This is how LRC organiser Franz Theurl describes the Nordic highlight in East Tyrol. During the three-day event, a total of six different races of varying distances and degrees of difficulty will be held. In addition to the centrepiece, the big Dolomite Run on Sunday, the „Dolomite Sprint“ on Friday evening is a sporting highlight and a huge social spectacle.

## DETAILED ROUTES

### DAY 1: Arrival at Hochpustertal (Dobbiaco)

Individual arrival at the hotel in Hochpustertal. Free, unguarded public car park near the hotel.

### DAY 2: Dobbiaco - Sesto (approx. 15 - 45 km)

The perfectly groomed trail leads across meadows, fields and through snow-covered winter forests, starting from the Alta Pusteria via San Candido to the mountaineering village of Sesto. Particularly well trained cross-country skiers can extend the tour by taking a detour across the Austrian border to Sillian, if the snow conditions are good. The return journey is possible by public transport.

### DAY 3: Dobbiaco - Valle di Landro/Cortina d'Ampezzo (approx. 10 - 60 km)

Starting from the cross-country skiing center Nordic Arena, where the world's best cross-country skiers every year compete for important World Cup points on the challenging circular trails, you can glide on the line of the former Dolomites railway into the Landro Valley. You can decide whether you like to stop for apple strudel and coffee already at the lake of Dobbiaco, continue to the "Three Peaks View" and take a look at the symbol of the Dolomites, or even go on through several tunnels and over an old railway bridge the "Queen the Dolomites", Cortina d'Ampezzo. The return trip is possible by public transport.

### DAY 4: Circular trail Prato Piazza (one lap approx. 6 km) and snow shoe hiking to the Strudelkopf (Monte Specie)

Today's cross-country day is dedicated to the exploration of the well-known high plateau. At the foot of the Croda Rossa and the Picco Vallandro, you can trace your tracks in the snow on the circular trail. There is also the option of taking a snowshoe hike to the Monte Specie. If the air is clear, you can enjoy an unforgettable panoramic view of the Dolomites of Sesto and Ampezzo from there.

### DAY 5: Val Casies (approx. 10 - 40 km)

In the morning, follow the trail to Villabassa and on to Monguelfo and then into the Val Casies. You ski on the wide, sunny valley floor through dreamy winter landscapes and past picturesque farmhouses. Several restaurants along the route invite you to stop for a refreshment. Depending on your motivation, you can go back to Monguelfo and from there across the fields to Villabassa or Dobbiaco. Otherwise it is possible to shorten the stage using public transport.

### DAY 6: Preparation for the race

You will explore the race course today and warm up for tomorrow's or the day after tomorrow's race. The skis can be tested and there will be a professional ski waxing service in the afternoon. The start number distribution will also take place on this day.

### DAY 7: Race or rest day

The Dolomitenlauf is taking place. If you do not compete in the race until tomorrow, you can take a leisurely rest day today or explore the Val Pusteria on cross-country skis. The award ceremony will take place after the race.

### DAY 8: Race and departure

If you race today, you will have the race start on that day. The award ceremony will take place after the races. Individual departure or possibility of an extension.

## GENERAL INFORMATION

- **Classification:** self-guided tour
- **Duration:** 8 days / 7 nights
- **Distance:** ca. 60-210 km
- **Starting point:** Toblach
- **Arrival:**

By car: via the Brenner freeway (A22) to Brixen - exit Franzensfeste / Pustertal - through the Pustertal (state road SS49) to Niederdorf or Toblach, depending on the hotel you arrive at, or via the Felbertauern road to Lienz in East Tyrol and further to Italy in Hohepustertal (Niederdorf or Toblach, depending on the arrival hotel).

By train: to Innsbruck via the Brenner Pass to Franzensfeste or from Verona via Bolzano to Franzensfeste. From here to Hohepustertal (direction Innichen - Lienz). Railroad station Niederdorf or Toblach, depending on the starting hotel.

By plane: low cost flights to Treviso or Venice Marco Polo airport. On request we organize transfers from the airport to the starting point of the tour.

- **Accommodation:**

Transfers: from Venice to Dobbiaco at the price of € 320,00 per bus (up to 8 persons). From Verona to Dobbiaco at the price of € 350,00 per bus (up to 8 persons). (Reservation and payment required at time of booking)

- **Parking:**

free unguarded parking on a nearby public parking lot for the duration of the cross country skiing trip.

- **Transfer:**

from Venice to Dobbiaco at the price of € 320,00 per bus (up to 8 persons). From Verona to Dobbiaco at the price of € 350,00 per bus (up to 8 persons). (Reservation and payment required at time of booking)

### INCLUDED SERVICES

- Accommodation in hotels 3\*\* or 4\*\*\* category
- Half board
- Information meeting on the evening of arrival
- Race number, registration, race package
- Waxing service for the skis
- Transfer/shuttle to/from the race
- Pre-race support by Team Robinson
- Telephone service hotline for the duration of the cross-country trip

### NON INCLUDED SERVICES

- Arrival at the starting point of the tour
- Return journey at the end of the tour
- Drinks, tourist tax and all extras
- Lunch
- Not mentioned entries
- Travel insurance
- Everything not explicitly mentioned under „Included services“.

## STARTING DATES

Available - arrival possible Not Available Available for groups from 6 persons and on request

### January

Mon Tue Wed Thu Fri Sat Sun

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## PRICES

### Standard

Package price in a double room with half board	Arrive 14/01/2024	1.600 €
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Package price high season	Arrive 14/01/2024	1.600 €
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### Charme

Package price in a double room with half board	Arrive 14/01/2024	2.100 €
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Package price high season	Arrive 14/01/2024	2.100 €
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